



800 M

1500 M

5000 M

Table of 800m race results with columns for rank, name, club, and time.

Table of 1500m race results with columns for rank, name, club, and time.

Table of 5000m race results with columns for rank, name, club, and time.

Table of 5000m race results with columns for rank, name, club, and time.

Handwritten notes: + Ucio Pereira 14.19.88, Manuel Oliveira 14.19.92, Carlos Rodrigues 14.21.26

Handwritten note: + 14.22, 1 Fernando de Mendonça 13.01

1500 M

Summary table for 1500m race with columns for name, club, and time.

800 M

Summary table for 800m race with columns for name, club, and time.

Summary table for 1500m race with columns for name, club, and time.

5000 M

Summary table for 5000m race with columns for name, club, and time.





TRIPLO

1986

Table with 3 columns: Rank, Name, Club, and Score. Includes names like José Leitão '65 (CIPA, 16.06), Luis Azevedo '54 (SCP, 15.72), Paulo Palma '57 (SCP, 15.68), etc.

PESO

DISCO

MARTELO

Table with 3 columns: Rank, Name, Club, and Score. Includes names like Mário Pinto '62 (CIPA, 16.76), Henrique Silva '58 (SLB, 15.53), Rui Dias '66 (SLB, 14.78), etc.

Table with 3 columns: Rank, Name, Club, and Score. Includes names like Paulo Santos '65 (SCP, 52.02), Fernando Alves '67 (SLB, 49.58), Manuel Pinto '62 (SLB, 47.54), etc.

Table with 3 columns: Rank, Name, Club, and Score. Includes names like José Pedroso '46 (SLB, 57.94), Silvério Manso '50 (SLB, 56.08), José Custódio '60 (SLB, 54.98), etc.

Table titled "Com vento favorável:" listing names and scores like Graciano Farinha '62 (CSM, 15.25), José Gomes '63 (SVB, 15.00), etc.

Summary table for "TRIPLO" with columns for name and scores. Includes sections for José Leitão (CIPA), Paulo Palma (Sporting), Luis Azevedo (Sporting), João Milheiro (Campismo), etc.

PESO

Table with 3 columns: Rank, Name, Club, and Score. Includes names like Mário Pinto (CIPA), Henrique Silva (Benfica), etc.

DISCO

Summary table for "DISCO" with columns for name and scores. Includes sections for Paulo Santos (Sporting) and Fernando Alves (Benfica).

MARTELO

Summary table for "MARTELO" with columns for name and scores. Includes sections for José Pedroso (Benfica) and Silvério Manso (Benfica).

DAZDO

Table with 3 columns: Rank, Name, Club, Time. Lists various athletes and their performance times.

Com o antigo engenho:

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

5000 METROS (PISTA)

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

10 000 METROS (PISTA)

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

20 KM (ESTRADA)

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

p - em pista

30 KM (ESTRADA)

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

50 KM (ESTRADA)

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

Carlos Cunha (Sporting)

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

Paulo Santos (Sporting)

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

1986

DECATLO

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

300m

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

500 METROS

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

1000 METROS

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

MILHA

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

3000 METROS

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

200 M. BARREIRAS

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

DAZDO

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

Laurindo Silva (Boavista)

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

Fernando Marques (Benfica)

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

José Custódio (Benfica)

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

1x100 METROS

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

4x400 METROS

Table with 3 columns: Rank, Name, Club, Time. Lists athletes and their performance times.

MARATONA

1. Delfim Moreira	SCS	2.12.39 B
2. Cidálio Caetano	SLB	2.14.57 Ld
3. Tavares da Silva	SLB	2.19.42 L
4. Francisco Gravito	Tecn	2.19.46 L
5. Teimo Fernandes	SLV	2.19.57 A
6. Oscar Santos	SCP	2.21.27 L
7. Eduardo Santos	Ind	2.21.46 S
8. António Godinho	CRA	2.21.53 L
9. José Teixeira	GT	2.23.20 A
10. Luís Godinho	LDC	2.23.23 A
11. A. Aldegalega	SCP	2.23.53 L
12. Isaias Carneiro	CAP	2.24.42 A
13. Manuel Leite	SCS	2.25.06 M
14. João Benta	Ind	2.25.40 A
15. Jacinto Barroso	Ind	2.25.56 G
16. Domingos Silva	ADF	2.26.23 L
17. Ivo Silva	PC	2.26.48 L
18. José Silva	SC	2.27.25 A
19. José Anacleto	AP	2.27.26 A
20. João Vilaça	CAB	2.27.36 A
21. Adelino Pedro	Ind	2.28.11 A
22. Carlos André	ZA	2.28.46 A
23. Rui Santos	SLV	2.28.59 L
24. Joaquim Silva	Ind	2.29.51 L
25. Manuel André	ZA	2.29.54 A
26. Aurélio Aguiar	Ind	2.29.56 G
27. António Graca	CAP	2.30.17 A
28. Adelino Oliveira	GDR	2.30.49 L
29. António Quelhas	NAO	2.31.03 G
30. Américo Ferreira	UBP	2.31.04 M
31. José Mariz	Ind	2.31.25 A
32. Luís Domingos	NAO	2.31.51 G
33. Salvador Pereira	ADF	2.32.26 A
34. Mário Rato	IFCT	2.32.36 L
35. Luís Saraiva	CPT	2.32.43 L
36. Vítor Parreira	AACD	2.32.58 A
37. Manuel Galisto	EBO	2.33.30 L
38. António Matias	Mant	2.33.53 G
39. António Jarge	ADC	2.34.17 L
40. Fernando Guerra	MV	2.34.30 A
41. José Alves	CAP	2.34.40 G
42. José Conceição	INA	2.34.51 FA
43. Eduardo Coelho	Tr	2.35.06 G
44. Olímpio Coelho	GDR	2.35.29 L
45. Albino Freitas	ADF	2.35.30 A
46. José Conceição	Ind	2.35.43 G
47. José Dias	INA	2.35.47 FA
48. David Gonçalves	Est	2.36.00 A
49. Vladimiro Raposo	TAP	2.36.11 NI
50. Vítor Gonçalves	ADO	2.36.31 L

Legenda das maratonas: A — Almerim (Maratona Nacional, 13-4); B — Berlim (28-9); Bd — Bordéus (18-5); FA — Foz do Arelho (Inatel, 11-5); G — Gaia (Maratona Spiridon, 14-12); L — Lisboa (Maratona de Portugal, 26-10); Ld — Londres (10-4); M — Marsel (13-4); NI — Nova Iorque (2-11); S — Sevilha (2-2).

... E AINDA ... E AINDA ... E AINDA ... E AINDA ... E AINDA ... E AINDA ... E AINDA ... E AINDA ... E AINDA

1500 METROS

51. Hélder Mestre'67	SLB	3.53.52
52. Eduardo Henriques'68	SCP	3.53.6
53. Carlos Batalha'57	COF	3.53.9
54. Carlos Carvalho'60	FCP	3.53.96
55. José Brás'63	Ind	3.54.0
56. António Agostinho'63	GCA	3.54.1
57. José Peixeiro'61	SLB	3.54.3
58. Alberto Real'55	BFC	3.54.72
59. Rui Belchior'69	SCP	3.55.06
60. José Macedo'64	SCS	3.55.2
61. José Soldado'62	CDRF	3.55.38
62. Mário Gonçalves'64	GCA	3.55.4
63. Armando Rosa'68	SCP	3.55.5
64. Guilherme Martins'67	CIAC	3.55.69
65. Pedro Soares'59	CDCS	3.56.0
66. Carlos Pereira'60	ANA	3.56.1
67. Hermínio Martins'58	SCS	3.56.3
68. Hélder de Jesus'54	SCP	3.56.77
69. José Negrão'68	FCP	3.56.8
70. Alberto Maravilha'65	FCP	3.56.9
71. Joaquim Antunes'59	INAT	3.56.9
72. Daniel Martins'65	SCP	3.56.96
73. Daniel Guedes'62	BFC	3.57.0

5000 METROS

51. Rui Lopes'57	CFB	14.28.8
52. Jaime Mendes'62	Fr	14.29.1
53. Fernando Ferreira'64	GDEP	14.31.0
54. Daniel Guedes'62	BFC	14.31.8
55. Mário Gomes'59	SCP	14.31.9
56. José Dias'68	SLB	14.32.4
57. Marcelino Almeida'63	CAC	14.34.3
58. Daniel Antunes'62	CAC	14.35.1
59. João Lopes'67	FCP	14.35.2
60. Valdemar Silva'62	OS	14.35.20
61. Joaquim Ramos'64	BFC	14.35.59
62. José Soldado'62	CDRF	14.36.3
63. Serafim Garcês'57	BFC	14.36.9
64. José Azevedo'65	DFH	14.36.99
65. Fernando Adrião'65	DA	14.39.0
66. José Macedo'64	SCS	14.40.7
67. José Peixeiro'61	SLB	14.42.2
68. Francisco Gravito'53	INAT	14.41.2
69. António Pereira'65	SLB	14.41.9
70. Raimundo Santos'67	SCP	14.42.02
71. Hélder Jesus'54	SCP	14.42.17
72. António Agostinho'63	GCA	14.43.0
73. José Lopes'58	CDD	14.43.3
74. Nené Carreiro'59	MFC	14.44.14
75. Fern. Figueiredo'66	SLB	14.44.2

10 000 METROS

51. António Pinto'66	ADA	31.13.3
52. Nascimento Pedro'63	GDAA	31.13.86
53. João Fonseca'59	INAT	31.20.80
54. Manuel André'62	ZA	31.25.0
55. Aires Pratas'55	CAC	31.29.0
56. Manuel Ribeiro'63	ICA	31.30.7
57. José Azevedo'65	DFH	31.30.7
58. Jorge Candeias	GDP	31.31.0
59. Carlos Adão'52	AP	31.31.0
60. Jorge Henriques'63	ESA	31.32.2
61. Carlos Ramos'64	CEFA	31.33.0
62. Carlos Pinho'63	CCRV	31.33.6
63. Manuel Gonçalves'61	URM	31.34.82
64. Fernando Cortês'67	DOR	31.40.5
65. Eudoro Pedro	CPM	31.43.0
66. Carlos Pereira'62	ACD	31.43.70
67. Domingos Neves	UV	31.44.6
68. Fernando Adrião'65	DA	31.45.3
69. Adérito Taveira'58	ANA	31.45.5
70. Isaias Carneiro'60	CAP	31.47.0
71. José Teixeira'63	GT	31.47.7
72. António Caterna	INAT	31.47.9
73. Mário Abrantes'62	SCBM	31.48.4
74. José Silva'58	JAM	31.48.5
75. Júlio Novo'67	GICA	31.48.8

800 METROS

51. Luís Horta'58	SLB	1.56.5
Joaquim Ventura'69	CFB	1.56.5
José Brás'63	Ind	1.56.50
Fernando Cunha'56	SCS	1.56.5
Manuel Rosa'61	SCP	1.56.5
56. Jorge Domingues'67	CIAC	1.56.68
57. Carlos Correia'67	DOR	1.56.7
Joaquim Santos'68	JAA	1.56.7
José Luis Santos'63	LDC	1.56.7
60. Rui Antunes'63	GDQ	1.56.9
Duarte Sim-Sim'62	SCP	1.56.9
62. Fernando Adrião'65	DA	1.56.93
63. Jorge Reis'69	CFB	1.57.00
Horácio Costa'66	COL	1.57.0
Carlos Batalha'57	COF	1.57.0

A Jaime Mendes 14.29.1

Manuel Domingues 31.43.6







Table with 3 columns: Rank, Name, Club, Time. Lists marathon results for various athletes like Elisa Costa, Adília Silvério, Anabela Teixeira, etc.

DISCO

Table for Elisa Costa (S.C. Braga) showing times for various distances (47.38, 46.88, etc.) and locations (Lisboa, Braga).

Table for Adília Silvério (Benfica) showing times for various distances (46.38, 45.64) and locations (Lisboa).

Table for Anabela Teixeira (Sporting) showing times for various distances (46.34, 46.18) and locations (Lisboa).

Table for Teresa Machado (Galitos) showing times for various distances (46.30, 45.54) and locations (Lisboa).

HEPTATLO

Table for Heptathlon results listing athletes like Graça Borges, Ana Moraes, and their scores in various events.

MARCHA

Table for 3000 METROS (PISTA) showing results for athletes like Paula Gracioso, Ana Bela Aires, etc.

Table for 5000 METROS (PISTA) showing results for athletes like Paula Gracioso, Filomena Silva, etc.

Table for 10 000 METROS (ESTRADA) showing results for athletes like Ana Bela Aires, Paula Gracioso, etc.

Table with 3 columns: Rank, Name, Club, Time. Lists marathon results for various athletes like Teresinha Vaz, Ana Moraes, etc.

DARBO

Table for Teresinha Vaz (Benfica) showing times for various distances (51.38, 50.42, etc.) and locations (Amsterdão, Barcelona, Lisboa, Madrid).

Table for Ana Moraes (Sporting) showing times for various distances (48.74, 48.40, etc.) and locations (Lisboa).

3000 METROS (até 43,0)

Table for 3000 METROS (até 43,0) showing results for athletes like M.ª João Lopes, Graziela Guerreiro, etc.

500 METROS (até 1.20)

Table for 500 METROS (até 1.20) showing results for athletes like M.ª João Lopes, Marta Moreira, etc.

1000 METROS (até 3.05)

Table for 1000 METROS (até 3.05) showing results for athletes like Ana P. Oliveira, Carla Sacramento, etc.

2000 METROS (até 7.00,0)

Table for 2000 METROS (até 7.00,0) showing results for athletes like Glória Paredes, Carla Machado, etc.

200 M. BARREIRAS

Table for 200 M. BARREIRAS showing results for athletes like Teresa Mira, M.ª João Lopes.

Table for 5000 M showing results for athletes like Aurora Cunha, Conceição Ferreira, etc.

4x100 METROS

Table for 4x100 METROS showing results for various teams and individuals across different locations and distances.

4x400 METROS

Table for 4x400 METROS showing results for various teams and individuals across different locations and distances.

AAC — A. Académica Coimbra  
 AAM — A.A. Mafra  
 AC — Almada A.C.  
 ACA — A.C. Alfenense  
 ACDI — A.C.D. «Os Ilhavos»  
 ACG — Atlético C. Guarda  
 ACM — A.C. Mocidade  
 ADA — A.D. Amarante  
 ADF — A.D. Fafe  
 ADLA — A.D. Leões Apelaçenenses  
 ADK — A.D. Kolossal  
 ADD — A.D. Ovarense  
 AFS — Clube da Afrida do Sul  
 AG — Associação Grundig  
 AM — A.C. Moscavide  
 ANA — A. Núcleo do Araújo  
 AV — Académico de Viseu  
 BFC — Boavista F.C.  
 Br — Clube do Brasil  
 BUB — B.U. Balsa  
 BVA — Bombeiros Vol. Almeirim  
 CAB — C.A. Braga  
 CAC — C.A. Campolide  
 CAF — C. Académico Futebol (Porto)  
 CAG — C.A. Galinheiras  
 CAIO — C.A. Independente Ovar  
 CAL — Clube Atlético Luanda  
 CAP — C.A. Porto  
 CCRV — C.C.R. Válega  
 CDA — C.D. Águias Alpiarça  
 CDCS — C.D.C. Seia  
 CDSC — C.D. Salvador Caetano  
 CDUL — C.D. Universitário Lisboa  
 CDUP — C.D. Universitário Porto  
 CEFA — C.E.F. Armada  
 CFB — C.F. Belenenses  
 CFEL — C.F. Esperança Lagos  
 CFM — C. Ferroviário Moçambique  
 CFSC — C.F. Santa Clara  
 CG — C. Galitos  
 CH — Coophanjo  
 CIAC — C. Independente A. Coimbra  
 CIPA — C. Inic. Propag. Atletismo  
 COF — C. Operário F.  
 CPM — C.P. Moncarapacho  
 CRA — C.R. Arada  
 CSJM — C. Campismo S.J. Madeira  
 CSM — C.S. Marítimo  
 CUF — G.D. da Cuf  
 CVA — C. Veteranos Atletismo  
 DA — Dragões de Azeméis  
 DLM — Desportivo L. Marques  
 DOR — D.O. Rangel  
 EA — Estrela Azul  
 EBO — Estrelas B.º Olavo  
 ESA — Escola Secund. Abrantes  
 ESDR — Esc. Sec. Dom. Rebelo (Aç.)  
 Esp — Clube de Espanha  
 FCA — F.C. Avintes  
 FCM — F.C. Maia  
 FCP — F.C. Porto  
 FL — Fonte da Lavra  
 FNAT — Atleta da ex-FNAT  
 Fr — Clube de França  
 GAF — G.A. Fátima  
 GAG — G. Académico de Godim  
 GCA — G.C. 1.º Maio — Aguaiva  
 GDCG — G.D.C. Galamares  
 GDEP — G.D. Estoril Praia  
 GDPF — G.D.P. Farauto  
 GDQ — G.D. Quimigal  
 GDR — G.D. Ribelinhos  
 GDRE — G.D.R. «Os Estrelas»  
 GDSC — G.D. Salvador Caetano  
 GDV — G.D. Vilamoura  
 GJC — G.J. Chamusquense  
 GSL — G.S. Loures  
 GRAC — G.R.A.C. Cidacos  
 IDC — Imortal D.C.  
 INAT — Atleta do Inatel  
 Ind — Atleta Individual  
 JAM — J.A. Mozelense  
 LDC — Louletano D.C.  
 Lux — Clube do Luxemburgo  
 MFC — Micaelense F.C.  
 NAC — N.A. Cucujães  
 NAG — N.A. Guarda  
 NDCG — N.D.C. Gouveia  
 OS — Olivais Sul  
 PFC — Palmelense F.C.  
 SCBM — S.C. Beira-Mar  
 SCC — S.C. Cuba  
 SCL — S.C. Luanda  
 SCS — S.C. Salgueiros  
 SCP — Sporting C.P.  
 SL — S.C. Lusitânia  
 SLB — S.L. Benfica  
 SP — S.C. Pombal  
 Spi — Spiroc (Funchal)  
 SPP — Sport do Porto  
 Sui — Clube da Suíça  
 SVB — S. Viseu Benfica  
 U — Atleta universitário  
 UDP — U.D. Pinhel  
 UFCM — U.F.C. Moitense  
 VFC — Vitória F.C. (Setúbal)

CLUBES  
(M)

CLUBES (F)

AAC	— A. Académica Coimbra	FCF	— F.C. Foz
ACM	— A.C. Mocidade	FCP	— F.C. Porto
ACMAH	— A.C. Mocidade (H. Heroísmo)	GDF	— G.D. Furadouro
ADTL	— A.D.C. Torrão de Lameiro	GDL	— G.D. Lourocoope
ADP	— A. D. Polenenses	GDM	— G.D. Marinhas
AM	— A. Marinhense	GDQ	— G.D. Quimigal
ANA	— Núcleo A. do Araújo	GDV	— G.D. Vilamoura
AR	— Águias do Rossio	GSL	— G.S. Loures
AtC	— Ateneu Cartaxense	ICA	— Inter C.A.
BFC	— Boavista F.C.	INAT	— Atleta do Inatel
BVT	— Bombeiros Vol. Trancoso	Ind	— Atleta individual
CAIO	— C. A. Independente Ovar	JC	— Juventude Castanheira
CAP	— C.A. Porto	JOBRA	— Mov. Jovens da Branca
CCRN	— C.C.R. Neves	LDC	— Louletano D.C.
CDE	— C.D. Estarreja	MDC	— Moura D.C.
CDUP	— C.D. Universitário Porto	NDCG	— N.D.C. Gouveia
CFB	— C.F. «Os Belenenses»	NL	— Núcleo do Laranjeiro
CFMB	— C.F. Moçambique (Beira)	SCB	— S.C. Braga
CG	— Clube Galitos	SCBM	— S.C. Beira Mar
CIAC	— C. Independente A. Coimbra	SCP	— Sporting C.P.
CIPA	— C. Inic. Propaganda At.	SLB	— S.L. Benfica
COL	— C. Oriental Lisboa	SLM	— Sporting L. Marques
CSJM	— C. Campismo S.J. Madeira	U	— atleta universitário
CSM	— C.S. Marítimo	UFCI	— U.F. Comércio e Indústria
DA	— Dragões de Azeméis	UDV	— U.D. Várzea
DLM	— Desportivo L. Marques	UDS	— U.D. Seia
DOR	— D.O. Rangel	UFCM	— U.F.C. Moitense
EPM	— E.P. Marrazes	VFC	— Vitória F.C.
ESCA	— Esc. Sec. Carlos Amarante	VSCP	— Vitória S.C. (Porto)